In support of World Diabetes Day on 14 November, the European Institute of Women's Health - an EPAAC_JA Collaborating Partner, wishes to raise awareness about diabetes in women.

Diabetes is on the increase not only in Europe but worldwide. Diabetes is also increasing in women. Women have a special role in looking after their own health and that of their children and family members. The first step we can all take is switch to a healthy diet and take more exercise. This will help in the fight against obesity. Diabetes during pregnancy poses a risk to mother and child health.

See the policy brief on Women and Diabetes here.