

New knowledge about cachexia shows there is much that can be done to prevent or ameliorate this distressing wasting condition in patients with advanced cancer. This Spotlight article looks at efforts to spread best practice about checking for signs of risk and taking effective action in time.

What do you think?

- Would you welcome more guidance in managing cachexia?
- What can be done to help change clinical practice to ensure patients at risk are identified before the condition becomes untreatable?

You can read the article [here](#) . Press the comment button at the end and share your views.